Effectiveness of Aripiprazole in remission from borderline personality disorder associated with multiple drug use – case report.

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**Introduction**

The essential feature of Borderline Personality Disorder is pervasive pattern of instability of interpersonal relationships, self – image, and affects, and marked impulsivity beginning by early adulthood and present in a variety of contexts. These individuals may show performance in school or work situations unstructured. Impulsivity exhibit at least two potentially harmful to themselves. They can play, make irresponsible spending, overeating, abusing psychoactive substances, engage in unsafe sex, or recklessly. People with Borderline Personality Disorder have, recursively, behavior, gestures, or threats of suicide or self-mutilating behavior.

**Methodology**

The following case features a patient whose characteristics meet the diagnostic criteria for borderline personality disorder, with positive family history of psychiatric illness (parent drug addict and bipolar disorder patients) and user of multiple drugs, particularly cocaine, marijuana and alcohol. The same has been treated with the same professional team between 2011 and 2013, with an average of 2.3 psychiatric hospitalizations per year and with signs unchanged until the last year, and these intervals between hospitalizations patient had outpatient care when introduction of drug ARIPIPRAZOLE caused the remission of some symptoms and attenuating others, with significant improvement in quality of life of the patient, as the scope of complete abstinence from drug use and school progress.

**Conclusions**

Although this is only one case, the excellence of result with Aripiprazole in mood stabilization and improvement of impulsive behaviors, especially in the cessation of compulsive use, makes our attention turns to the substance so that it remains subject of further studies.

**References**